

## August 11, 2009

[http://weblogs.sun-sentinel.com/features/food/restaurants/blog/2009/08/would\\_you\\_like\\_your\\_bagel\\_scoo.html](http://weblogs.sun-sentinel.com/features/food/restaurants/blog/2009/08/would_you_like_your_bagel_scoo.html)

### Do you want your bagel scooped?

At the new **Original Brooklyn Water Bagel Co.** in Delray Beach, owner Steve Fassberg says that question will be asked of anyone who orders one of his signature bagels.

Don't know what a scooped bagel is? It's when most of the soft white bread inside of the bagel is removed. Fassberg estimates the calorie count in a scooped bagel is 90 calories, versus 210 unscooped. Scooping creates a perfect pocket for cream cheese, whitefish salad, hummus, you name it.

My **story in Monday's Sun Sentinel** on Fassberg's new business had my phone ringing all day. It seems plenty former New Yorkers miss their bagels.



Just so you know, Brooklyn Bagel is a 14451 S. Military Trail, just north of Atlantic Avenue on the west side of the street. It's the same plaza as a Chase Bank. Call 561-455-7491.

Bagels cost 95 cents each or \$9.85 for a baker's dozen. Even the coffee, iced tea, sodas and ice cubes are made with replicated Brooklyn water. The 108-seat restaurant is open for breakfast, lunch and dinner.

*PHOTO: Bagels fresh from the oven at Original Brooklyn Water Bagel Co.*